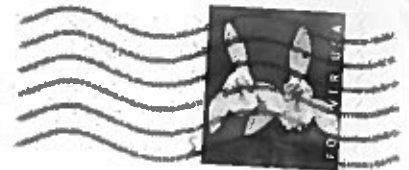


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TO: The entire Staff and Educators and Friends at Prison University Project, now Mt. Tamalpais College yea @. Udd-Ah = I am very grateful. Not only for the Care bag and great insightful articles. So more importantly, the care - support - time - respect - honesty - information, all of you have provided over the years, I've been able to participate in. I've seen some very troubling times and events, in these now 45 years in prison. Nothing like this world wide pandemic. It makes you think about bigger and more important issues than oneself. Information is very useful. As long as its the right information, which many of you respected Educators, made sure we heard. As I've read and watch the news on tv, Different networks, different times. I and many others here. Have different take aways. I myself limit my watching of news, and tv period. To P.B.S and democracy now, and the F.N.X = First Nation network. There always two sides to events in life. One can not help but be effected by all the loss of life, and jobs - events like with the youth graduating from Collage and high schools. What they are missing. I know first hand because I came to prison when I was in my last year of high school, no prom either. That was by my own doing in committing murder. Which is way different for the reasons these youth people miss out on what they have invested so much time on. I feel for them, and the great loss of life through out the world. So I

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also see a more positive side. With less people driving the air is cleaner, and sky bluer. The wild life is out more, even in San Quentin, the days I get out to the yard I go to the sweat lodge grounds, which was the first lodge built in a prison in the U.S., 1979. So the trees plants grass are more colorful, as are the sightings on the hills next to S.Q. yard. Deer - Hawks - Falcons - Eagles and Ospreys, even saw one carrying a fish in its claws back to its young. As the news has also showed some of these sightings. And also the S.Q. Canada geese and seagulls always here. All our classes rooms buildings and Educator's are missing us also. Tell its that time, stay safe and mindful of this historic time. We can come out of it stronger and more mindful of are actions to one another and the earth.

In Prayers and Respect
Greg White Eagle Coates

P.S please share this with everyone
It's got a Indian trade mark on it
To be shared - given a ways - traded
changed to make more useful. Take ~~Every~~ Everyone

