

Chris Hall V-16162
CSP. Sq 5w45
San Quentin Ca. 94974



Prison University Project
P.O. Box 492
San Quentin Ca. 94964



POSTNET barcode

Greetings,

This is for all the beautiful dedicated caring people who share credit on my expanded view of the world and have also restored my faith in humanity. I am grateful for the "Covid 19" gift bag but thankful beyond words for the many treasures freely given to me from everyone associated with P.U.P. You all are the models of society we should emulate.

Stress here in San Quentin is above normal levels with cabin fever. It inevitably depresses us all. Just hearing that our pillars are still standing and thinking about "us" pulled at my heart strings. (but if you tell anyone, I'll deny it) There is no blueprint for this emergency so I believe that we, staff and inmates, need to exercise extreme patience with each other. This is how we will survive.

As for those outside these walls, the best help you can be is to take care of yourselves and practice good health habits. You can't be there for us if you are not there, we need each other.

Thank you once again for reminding me that I am a human being.

With Great
Respect
Chris Hells

P.S. Okay to share
with anyone!