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Prison University Project

Post Office #492

San Quentin, Ca. 94964



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4/27/2020



Dear Prison University Project/Mt.Tamalpais College Staff,

First of all, I would like to send my heartfelt THANKS! to All of you! for your "gift bags". We all here in San Quentin State Prison-Reception Center are very grateful for items as you have provided. Even the smallest thoughts and prayers are appreciated.

We are on modified "Lock-down" which means cell feeding and very limited movement outside our cells, like for medical, 2 yardtimes per week, but not much else... Since the "lock-down", the transfer buses have stop to main-line prisons and inmates that have been here for longer than they should be, (like my cellie, he was suppose to leave in mid-March but because all this over reaction from the outside and inside; he will be here for 6 months at the beginning of May; People are antsy in here (I'm sure outside they are as well). The cell time is not so bad, but it gets to be boring, we run out of things to do, (Mental Health only gives activities to their Mental Health patients!)

so the rest of us dont have much to do most of the time.

At the bottom of the letter is some ideas/items that inmates will enjoy.

Thank you all again.

Sincerely

P.S. - If you would like to share this letter, it will be fine.

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Items/Ideas:

- food items! (fish, soups, rice, chips, chocolate, peanut butter, etc)
- Writing items (cheese, ... sweets...etc)
- Drawing supplies (paper, cardstock, color pencils, pens, etc)
- Activities : Sudokus, Word Searches, meditation stuff, crossword puzzles, other puzzles, playing cards, books, ... educational activities ... etc...
- Letters / Penpals ... / cards / mail / Magazines / stamps ... / news
- Prayers / Thoughts: (greatly appreciated)
- Hygiene items : Hand Sanitizer, Soap, ... mouthwash, toothpaste